

## Kayne Anderson Energy Total Return Fund, Inc. Announces Distribution of \$0.48 per Share for Q3 2009 and Maintains Distribution Guidance for Fiscal 2009

Houston, TX – September 18, 2009 – Kayne Anderson Energy Total Return Fund, Inc. (the “Fund”) (NYSE:KYE) announced today its quarterly distribution of \$0.48 per share for the period June 1, 2009 to August 31, 2009 and stated that it expects to maintain its quarterly distribution at \$0.48 per share for the remainder of fiscal year 2009.

The distribution for the quarter ended August 31, 2009 will be payable on October 9, 2009 to common stockholders of record on October 5, 2009, with an ex-dividend date of October 1, 2009. It is anticipated that greater than 50% of this distribution will be treated as a return of capital for tax purposes. The final determination of such amount will be made in early 2010 when the Fund can determine its earnings and profits. The final tax status of the distribution may differ substantially from this preliminary information.

“We are pleased that we were able to generate sufficient cash and other investment income to pay a quarterly distribution of \$0.48 per share during the quarter,” stated Kevin McCarthy, CEO of the Fund. “Based on the cash and other investment income expected to be generated from our current portfolio, we expect to maintain a quarterly distribution of \$0.48 per share for the remainder of fiscal year 2009.”

“Payment of future distributions is subject to board approval, as well as meeting the covenants of our senior debt and the asset coverage requirements of the 1940 Act. Of course, should dividends and distributions from our portfolio investments be less than our expectations, we would re-evaluate the appropriate distribution rate at that time,” stated Mr. McCarthy.

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*The Fund is a non-diversified, closed-end management investment company registered under the Investment Company Act of 1940 whose common stock is traded on the NYSE. The Fund’s investment objective is to obtain a high total return with an emphasis on current income by investing primarily in securities of companies engaged in the energy industry, principally including publicly-traded energy-related master limited partnerships and limited liability companies taxed as partnerships and their affiliates, energy-related U.S. and Canadian royalty trusts and income trusts and other companies that derive at least 50% of their revenues from operating assets used in, or providing energy-related services for, the exploration, development, production, gathering, transportation, processing, storing, refining, distribution, mining or marketing of natural gas, natural gas liquids (including propane), crude oil, refined petroleum products or coal.*

*CAUTIONARY NOTE REGARDING FORWARD-LOOKING STATEMENTS: This press release contains "forward-looking statements" as defined under the U.S. federal securities laws. Generally, the words "believe," "expect," "intend," "estimate," "anticipate," "project," "will" and similar expressions identify forward-looking statements, which generally are not historical in nature. Forward-looking statements are subject to certain risks and uncertainties that could cause actual results to materially*

*differ from the Fund's historical experience and its present expectations or projections indicated in any forward-looking statement. These risks include, but are not limited to, changes in economic and political conditions; regulatory and legal changes; energy industry risk; commodity pricing risk; leverage risk; valuation risk; non-diversification risk; interest rate risk; tax risk; and other risks discussed in the Fund's filings with the SEC. You should not place undue reliance on forward-looking statements, which speak only as of the date they are made. The Fund undertakes no obligation to publicly update or revise any forward-looking statements made herein. There is no assurance that the Fund's investment objectives will be attained.*

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